

BEAUTY BULLETIN

Winter scents, organic skincare and a fresh-look foundation



SIMPLY SENSUAL

Zest's beauty editor Leyla Tabakert tries the latest, surprisingly subtle scents.

Winter usually brings a deluge of darker make-up shades, richer skincare and a brew of heady,

opulent fragrances. However, this season's new perfumes couldn't be more different. Maybe it's a nod to the recession and the trend for discreet spending rather than show-off splurges. Whatever the reason, I love the understated feel of these simpler scents. Stella McCartney StellaNude, 50ml edition, £43, was inspired by the intimacy of choosing lingerie and how it feels against the skin, hence the scent itself is just as gentle, with notes of Moroccan rose, pink pepper and vanilla. I love the delicate, pretty pink bottle, too. Givenchy Ange ou Démon Le Secret, 50ml edition, £48.45, is described as 'a fragrance as sensual as the skin', and has an intriguingly light, feminine appeal that's sophisticated, too. And lastly, Prada L'Eau

Ambrée, 80ml edition, £72.41, has replaced my usual eau de choice. Why? For starters, the deluxe edition comes complete with a retro, black fabric atomiser. Not exactly understated design, but it makes putting it on feel really good. And the super-simple mix of Sicilian citrus and May

rose gives it the fresh, feminine qualities I love, but the hint of amber also makes it warm and sensual so it's spot-on for winter.



3 MUST HAVE LIP ENHANCERS

1 VOLUMISING Nivea Natural Volume, £4.29, helps to boost your own collagen production, while the light-reflective pigments in this tinted lip balm will make your lips appear plumper.

2 SMOOTHING Urban Decay Lip Primer Potion, £10, is so clever. Slick it on under your lipstick and the colour will go on smoother and truer, and last longer.

3 MOISTURISING Paul & Joe Moisture Lip Treatment, £11, doesn't just look good. Its apricot and jojoba oils, and gloss texture will soften chapped lips, too.



THIS MONTH...

I've ditched my usual base for Giorgio Armani Lasting Silk UV Foundation, £30. The unique, lightweight feel makes your skin look luminous.



FAIR PLAY

Love your Fairtrade morning coffee? You can now buy beauty products with the Fairtrade stamp, too. They must have one Fairtrade ingredient to qualify. So far, Boots, Lush, Neal's Yard, Bubble & Balm and Essential Care have got on board. Watch this space for updates.



PLANET ORGANIC

Looking for affordable organics? You'll love Evolve for its superfood ingredients – and nothing in the range tops £15. Wild Organics products have a luxurious feel with a low price tag, starting at just £12.50. Skin Blossom's Organic Bloom products smell and feel lovely – we like the Moisturising Body Lotion, £5.75.

For where to buy, see stockists page

